

Role of NSS in Cleanliness with Special Reference to Dakshina Kannada

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Introduction

NSS plays an important role in effort to promote the hygiene and cleanliness in the community. NSS units will clean up the streets, roads, cities, small towns, slums and villages. These Units will organize rallies on Swachh Bharat to aware the masses in the college campus, cities, towns, villages and slums about the cleanliness. These Units will adopt a village which will be developed into model village. These units will spread awareness regarding waste management, to create awareness on the ill effect of plastic usage, to establish plastic free zones. Every student should take it in true spirit and maintain cleanliness not only at the college and at their residences as well. The main objective of this study is to know the cleanliness programmes, rally's organised by the NSS units and also to know the areas covered by the NSS units of colleges. The study was based on primary and secondary data. The sample size of the study was 20 NSS units. All the NSS Units of colleges are organizing the regular activities/special camps on Swachh Bharat Mission by taking up the cleaning of villages/slums as well as cleaning camps in the college campus.

Classification of NSS Programme

NSS activities have been divided in two major groups. These are regular activities and special camping programme.

A) Regular activity- under this, students undertaken various programmes in the adopted villages/ slums adopted by NSS unit or in school, College, university campuses. Usually after study hours or during weekends/ vacations this programme is conducted. Duration of these services is each NSS volunteer is required to put in minimum 120 hours of service per year for two years, i.e., total 240 hours.

The NSS units organise the regular activities as detailed below:

Orientation of NSS volunteers- 20 hours are allocated for their orientation through lectures, discussions, field visits and audio- visuals etc.

1. Campus work- It's cover development of play grounds, laying of gardens, tree plantation in the premises, various awareness programme etc. the NSS volunteers may work on campus projects for not exceeding 30 hours in a year.

2. The remaining 70 hours will be utilized for community services on the project in adopted villages/ slums independently or in collaboration with others in the field.

A) Special camping programme- Each NSS unit organises a Special Camp of 7 days' duration in adopted villages or urban slums during vacations, with some specific projects, by involving the local communities. Each volunteer is required to participate in the Special Camp once during the 2-year period. Thus, about 50 percent of the NSS volunteers in a Unit participate in a particular Special Camp. The motto of NSS is **"NOT ME BUT YOU"**, this motto implies service towards the community but not with one self. It is selfless programme as well.

Objectives of the Study

1. To know about the cleanliness programmes of NSS.
2. To know about the cleanliness rally of NSS.
3. To know about areas adopted by NSS units for cleanliness.

Limitations of the Study

1. Only consider First Grade College, NSS Units.
2. The study is confined to only Dakshina Kannadadist.
3. In this study, the sample size was taken only 20 NSS units.

4. The study considers only NSS unit's cleanliness programmes.

Methodology

Research design-

This study is an analytical and descriptive research. In order to conduct this study, 20 NSS UNITS are considered.

Sources of data

a) **Primary data-** Primary data was collected through the simple random sampling from NSS Programme officer.

Secondary data- Secondary data was collected from website.

Data Analysis

The following data indicates various programme carried out under Swachh Bharat programme include various programmes conducted in the select institutions.

Table-1 Programmes within the institutions-

Programme	No of Units	Percentage of Units
Cleaning the campuses	20	100
Cleaning the toilets	0	0
Cleaning the class rooms	20	100
Cleaning the water tank	20	100

Table 1- shows that the total percentage of units which are involving in cleaning the campuses, all the class rooms and water tank is 100%. However, with respect of cleaning toilet accounts nil is a case of concern.

Table-2 Programmes outside the institutions

Programme	No of Units	% of units
Cleaning of villages	20	100
Cleaning of slums	6	30
Cleaning of roads and streets	20	100
Cleaning of religious and historical places	20	100
Cleaning of local bus stands, railway stations and other public places	20	100
Cleaning of rivers	8	40

Table – reveals that the total percentage of the units which are implementing the Cleaning of villages, roads and streets, religious and historical places and local bus stands, railway stations and other public places is 100%. The percentage of units in other programmes is varied. 30% is cleaning of slums and 40% in case of cleaning of rivers.

Table-3 special camps Programmes

Programmes	No of Units	Percentage of units
Cleaning of villages	20	100
Cleaning of slums	06	30
Cleaning of road	20	100
Construction of toilet holes	15	75
Cleaning of drainages	20	100
Cleaning of religious and historical places	20	100
Cleaning public places	20	100
Cleaning lakes	08	40

From the table 3, it is quite clear that the units are carrying out the programmes such as Cleaning of villages, road, drainages, religious and historical places and public places. 30% of them is cleaning the slums, 75% is construction of toilet holes and 40% of total units carrying out cleaning lakes.

Table-4 Adopted areas

Adopt areas	No of Units	Percentage of units
Villages	20	100
Slums	06	30
Old age homes	05	25
Historical monuments	07	35

100% of total units have adopted villages, 30% of total units adopted slums, 25% are old age homes and 35% of them adopted Historical monuments are portrayed by table-4. These units are implementing the cleaning programme to achieve the objective of Swachh Bharath Programme.

Table-5 Celebrations and awareness rallies

Programmes	No of Units	Percentage of units
Swachh Bharat	20	100
World Environment day	20	100
World toilet day	04	20
Global hand wash day	00	00

Swachh Bharat programme and World Environment day are being celebrated and awareness rallies are being organised by all the units. 20% of total units is celebrating world toilet day. Under special camps the following programmes are being carried out by the units.

Major Findings

1. All the NSS Units are organizing the special camps on Swachh Bharat Mission comprising cleaning of villages/slums.
2. NSS Volunteers actively take part in cleaning the campuses, classrooms, water tanks etc. of their institutions.
3. Orientation programmes for NSS Volunteers were organized on Swachh Bharat Abhiyan.
4. NSS Units are involved in cleaning of religious and historical places in and around the city.

5. NSS Volunteers are engaged in cleaning the local railway stations, bus stands and other public places from time to time.
6. Rallies are being organized in the cities and adopted villages to create awareness about the cleanliness and the volunteers in addition to will the work of cleaning the roads and streets.
7. NSS Volunteers are involved in cleaning of rivers/ponds falling in the vicinity of their institutions by removing weeds and other harmful and waste materials from the rivers and ponds. The volunteers will also take up the desalting of rivers and ponds of their areas.
8. NSS Units have adopted some of the Historical Monuments and will try to keep them clean by visiting frequently to these places.
9. NSS Units have adopted Old-Age Homes will take up the cleanliness drive by visiting these places from time to time.
10. Every Unit have adopted a village which will be developed into model village.
11. NSS Units are organized rallies on Swachh Bharat to aware the masses in the cities, towns, villages and slums about the cleanliness.
12. All the NSS units have spread the message of cleanliness in the villages/urban slums by visiting their adopted villages/slums.
13. Series of lectures on Swatchchatha programmes are organized by the NSS Units in the institutions and as well as in the public places. Eminent speakers of the related field will be invited for deliberations
14. Every NSS units organized Debates, lectures and other competitive and non-competitive events on Swachh Bharat Mission.

Suggestions

1. The fund of Rs.16000 given for the implementation of the regular activities per a year is insufficient and it may be enhanced to a maximum Of Rs. 50,000
2. The amount provided for special camps May al so is enhanced from the existing level.
3. The materials which are required for conducting the regular activities and the special camp may also be provided to carry out the NSS activities effectively.

Conclusion

A clean India is not possible only by NSS units. Central Government should take initiative in organising many more programmes like NSS to fulfil dreams of Swachh Bharat. If NSS units plan 120 hours regular activities, it is possible to conduct more cleaning programs. With this, students of schools and colleges participates in cleaning campaign at least 2 hours a week, so that we can build healthy environment and healthy India.

References

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